



Physical Education Policy & Scheme

Accepted	Review Date
September 2016	June 2018

Rationale

As a school we believe that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self- confidence through an ability to manage themselves successfully in a variety of situations.

A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavor to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical education is considered a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

Aims

We hope to provide high quality P.E. learning and opportunities for every pupil of the school. To achieve this, the following aims have been agreed:

- 1) To develop **agility** and **physical co-ordination**;
- 2) To equip children with the ability to **co-operate** with others;
- 3) To develop an ability to **express themselves** through movement;
- 4) To help each child reach his/her **potential**;
- 5) To **acquire skills**, e.g. throwing and catching;
- 6) To promote **positive attitudes** to exercise and fitness;
- 7) To help pupils develop a **positive self-image** and to promote **self-confidence** (link to RSE);
- 8) To develop qualities of **fairness** and **perseverance**;
- 9) To encourage **self- discipline**;
- 10) To develop **positive attitudes** to health hygiene and leisure activities;

Our Values & Mission Statement

Values	Contribution of P.E. Policy and Scheme
To be a Happy & Healthy Environment	Our approach to P.E. is embedded in the context of community and in promoting a caring ethos.
To develop Skilled Learners & Flexible Thinkers	P.E. teaching is to be stimulating. Learners will be asked to form opinions, think critically and apply their learning to real life contexts.
To value Partnerships both Locally & Globally	Partnerships will be fostered locally through sporting competition and use of local facilities.
To inspire High Aspirations and Achievements	The potential of every child will be celebrated. Their creativity and uniqueness will be explored.

Mission Statement	Contribution of P.E. Policy and Scheme
Care & Wellbeing Central	High Level of Compliance - Developing confidence and extra-curricular activities.
Health & Sport Promoted	High Level of Compliance - Strong links to emotional and physical health.
Involving Parents & Community	Compliant - Open sports day, involving parents in sports day and after school clubs.
Learning & Teaching Focused	High Level of Compliance - Quality learning and teaching for all pupils.
Developing Technology & Creativity	High Level of Compliance - An ideal area for promoting new approaches.
Raising Expectations & Standards	High Level of Compliance - Pupils' potential and value celebrated.
Excellence & Innovation Pursued	High Level of Compliance - A vehicle for promoting Shared Education.
Networking Locally & Globally	High Level of Compliance - Linking pupils with other locally through sporting competition.

This is an abridged version of the policy. A full copy is available on request from the school office.